



CLARKSON VILLAGE

D E N T A L C L I N I C

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Post op care instructions for Frenectomy:

- Please avoid hot beverages.
- Please avoid eating nuts, seeds and popcorn.
- Please apply an ice pack to the area if needed.
- Drink plenty of cold beverages and eat cold food (i.e. yogurt, ice-cream, popsicles).
- Antibiotics maybe prescribed in some cases by the dentist.
- Take Children's Advil or Children's Tylenol if there is discomfort.
- The day after the procedure, exercise your lip as shown by the dental professional for the next
5 days.